



Notes on participating in trainings and coachings of viva essenza

Nicola Neumann-Mangoldt (in the following also called *viva essenza*) works as Trainer for Personal Transformation and Relationship Coach and offers the participants (in the following also called *clients*) in trainings and coachings new possibilities and perspectives, which serve the personal development and the development of potential. During these trainings and coachings the participants are their own authority at any time and bear full responsibility for their participation and acting. Please read the following text attentively:

- *viva essenza* trainings are based on the context of absolute self-responsibility of all participants. The trainings differ from conventional trainings in the way that the learning does not only occur on an intellectual level, but holistically in all four bodies (physical, intellectual, emotional and energetic body). This is the prerequisite for enabling really lasting and profound learning success. However, this different kind of learning can also cause unfamiliar reactions in all four bodies. By participating in a training or coaching the participant acknowledges this and agrees that they bear full responsibility for any automatic reaction, which could arise for them during this learning process. They also bear 100% responsibility for looking after their physical, mental, emotional and energetic well-being.
- Nicola Neumann-Mangoldt is neither alternative practitioner nor psycho therapist and does not replace them either. Ongoing treatments and therapies shall not be interrupted or cancelled and future treatments or therapies shall not be postponed or omitted. The trainings and coachings serve the personal development. They do not represent medical science and are no substitute for professional medical, medicinal, psychological and / or psycho-therapeutical treatments.

Nicola Neumann-Mangoldt does not provide any diagnosis, therapies or treatments in the medical context or any other medical science in legal context. The offered trainings and coachings provide a holistic development for body, mind and soul, without guaranteeing success. Nicola Neumann-Mangoldt does not give healing promises so that false hope is not raised.

- The client participates in a training or coaching provided that they do not know of any illnesses or health constraints and that there are no other medical indications that would exclude their participation in the training or coaching.
- By registering, the participant declares that they participate in the training or coaching by free choice, that they are not under alcohol or drug influence and that they will not consume any alcohol or drugs until the end of the training or coaching.
- By participating in a group training, the client agrees that they respect and handle all information about other participants, their words and actions, which they experience during the training, strictly confidential.
- By participating in a training or coaching the client automatically agrees that they have read, understood and accepted the above notes as well as the GTC of *viva essenza* (owner: Nicola Neumann-Mangoldt). The GTC are available under www.viva-essenza.com.

Signed: Nicola Neumann-Mangoldt